

# GHD Monthly Newsletter

## November 2022

The Global Help Desk (GHD), a part of the Office of Communications within the Institute for Basic Science (IBS), presents this monthly newsletter to introduce you to life in Korea and let you know some recent domestic news, holiday or event information, language support, recent IBS news, and free phone numbers to get help and support. All GHD newsletters are available online at the website Living in Korea at [www.ibs.re.kr/livinginkorea](http://www.ibs.re.kr/livinginkorea). Hosted by IBS, it has hundreds of pages of contents and photos to help you thrive, not simply survive.

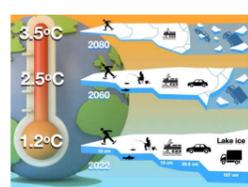
### Living in Korea Highlight

Last month we talked about addresses, so let's continue with [address Romanization and zip codes](#). The Ministry of the Interior and Safety has a [website](#) that tells the official Romanization for both address systems and the post office has a [website](#) for finding the zip code, as many places don't tell their zip code.

### Domestic News and Notices

	<p><b>Cruise ship tourism to return to Jeju Island</b></p> <p>Cruise tourism will return to Jeju Island next year after a two-year hiatus caused by the COVID-19 pandemic, as more than 30 ships from Japan are scheduled to visit the southern resort island.</p> <p><a href="#">Read more</a></p>		<p><b>Budget-friendly ways to see more of Korea</b></p> <p>Avid travelers will agree that paying less to have just as much fun is the dream for all good globetrotters. At a time when prices are skyrocketing, travelers are even more sensitive when it comes to sticking to a budget. Luckily, there's plenty of ways to have fun without breaking the bank in Korea.</p> <p><a href="#">Read more</a></p>
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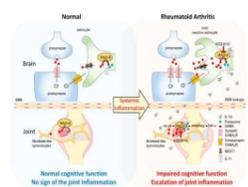
### IBS News and Events



#### Don't crack - deteriorating safety on frozen lakes in a warming world

Millions of international viewers enjoyed watching the reality TV show "Ice Road Truckers", in which experienced truck drivers were expected to master scary challenges, such as transporting heavy supplies across frozen lakes in the remote Arctic. According to a new study published in the prestigious journal Earth's Future by an international team of climate and lake scientists, crossing frozen lakes with heavy trucks may soon be a matter of the past.

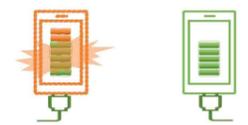
[Read more](#)



#### Two birds one stone strategy to treat both joint pain and cognitive impairment in rheumatoid arthritis

As well as causing considerable pain, rheumatoid arthritis (RA) can also trigger neuropsychiatric problems including memory impairment. C. Justin LEE at the Center for Cognition and Sociality, Institute for Basic Science examined the role of monoamine oxidase-B (MAO-B) in RA. MAO-B and related molecules were upregulated in patients' joints and the brain.

[Read more](#)



#### New stable quantum batteries can reliably store energy into electromagnetic fields

Quantum technologies, i.e. technological devices obtained by building and manipulating quantum mechanical systems, are becoming a reality in recent days. The most prominent example is certainly given by quantum computers, where the unit of information, the bit, is replaced by its quantum mechanical counterpart, informally called the qubit.

[Read more](#)

### Regional Event and Information



Title: Six Centuries of Beauty in the Habsburg Empire  
 Period: 25 October 2022–1 March 2023  
 Venue: Special Exhibition Hall, National Museum of Korea

[Learn more](#)



Title: RE-CONNECT: UNTIL EVERYONE IS SAFE  
 Period: 8 September 2022–31 January 2023  
 Venue: National Museum of Korean Contemporary History, Seoul

[Learn more](#)

### Let's Learn Korean!



[Click here](#) to learn 13 ways to say "Very" in Korean!

And [click here](#) for a good introduction to the Korean language.

### Individual Support

#### Phone Numbers

##### Emergency

119 or interpretation provided by 1330 Korea Travel Hotline

##### Korea Travel Hotline & Complaint Center

1330 or +82-2-1330

##### Website

24/7: Korean, English, Japanese, Chinese, Russian, Vietnamese, Thai, and Malay  
 08:00-19:00: Russian, Vietnamese, Thai, and Malay

##### Before Babel Brigade Korea (BBB Korea)

1588-5644

##### Website

24/7: English, Japanese, Chinese, Spanish, French, Russian, Italian, German, Portuguese, Arabic, Vietnamese, Mongolian, Polish, Turkish, Swedish, Thai, Bahasa Indonesia, Hindi, Bahasa Malaysia and Swahili

#### Global Help Desk

If you are associated with the Institute for Basic Science and wish to get in contact with the Global Help Desk, please send an email.

### COVID-19



#### About COVID-19

[Website](#)

[Cases in Korea](#)

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